

PSHE and RSE

Year 6



Key Vocabulary	Core knowledge & key questions	Links to British values
<p>Families and Relationships</p> <p>authority conflict earn expectation grief grieving resolve respect stereotype</p> <p>Health and Wellbeing</p> <p>antibodies growth mindset habit qualities responsibility skill vaccination</p>	<p><u>Families and Relationships</u></p> <p>Family and Friendships</p> <p>To know that a conflict is a disagreement or argument and can occur in friendships.</p> <p>To understand the concepts of negotiation and compromise.</p> <p>Respectful Relationships</p> <p>To understand what respect is.</p> <p>To understand that stereotypes can lead to bullying and discrimination.</p> <p>To understand a range of stereotypes and share this information effectively.</p> <p>Change and Loss</p> <p>To understand that loss and change can cause a range of emotions.</p> <p>To know that grief is the process people go through when someone close to them dies.</p>	<p>Families and Relationships</p> <p>linking with Individual Liberty, Tolerance of Different Faiths and Religions and Mutual Respect.</p>

Safety and The Changing Body

alcohol
breasts
cervix
conception
cyberbullying
egg or ovum
ejaculation
erection
fallopian tube
fertilisation
genitals
labia
menstruation/period
ovary/ovaries
penis
pregnant
puberty
pubic hair
scrotum
sexual intercourse
sperm
sperm duct

Health and Wellbeing

Health and prevention

To understand that vaccinations can give us protection against disease.

To know that changes in the body could be possible signs of illness and know what to do if they notice them.

Physical Health and Wellbeing

To understand that a number of factors contribute to my physical health (diet, exercise, rest/relaxation, dental health).

To know that a habit is a behaviour that we often do without thinking and that we can have good and bad habits.

Mental Wellbeing

To understand that a number of factors contribute to my mental health (Diet, exercise, rest/relaxation).

To know the effects technology can have on mental health.

Safety and The Changing Body

Health and Wellbeing
linking with Individual Liberty.

<p>testicles/testes urethra uterus/womb vagina vulva</p>	<p>Being safe (including online)</p> <p>To understand that online relationships should be treated in the same way as face to face relationships.</p> <p>To know where to get help with online problems.</p> <p>To understand some ways to check that a news story is real.</p>	<p>Safety and the Changing Body linking with The Rule of Law</p>
<p>Citizenship</p> <p>authority conflict earn expectation grief grieving protected characteristics resolve respect stereotype</p>	<p>Drugs, alcohol and tobacco</p> <p>To understand the risks associated with drinking alcohol.</p> <p>The changing adolescent body</p> <p>To understand how a baby is conceived and develops.</p> <p>To understand of changes that take place during puberty.</p> <p>Basic first aid</p> <p>To know how to conduct a primary survey (using DRSABC).</p>	
<p>Economic Wellbeing</p> <p>earnings educational requirements expenses gambling responsibilities</p>	<p><u>Citizenship</u></p> <p>To know that education is an important human right.</p> <p>To know that our food choices can affect the environment.</p>	<p>Citizenship linking with Individual Liberty, Mutual respect and Tolerance of those with different faiths and beliefs</p>

risks
safeguard
university
valuables
workplace

To know that the prime minister appoints 'ministers' who have responsibility for different areas, such as healthcare and education.

To know that prejudice is making assumptions about someone based on certain information.

To know that discrimination is treating someone differently because of certain factors.

Economic Wellbeing

To know that our emotions can be linked to money.

To know an online scam is when someone uses the internet to trick or deceive people into giving away their money or personal information.

To know that a secure password should have a combination of letters, numbers and special symbols and be kept secret from others.

To know that at secondary school they may have to manage different types of expenses like lunches, travel costs, school materials, and social activities.

To know that gambling or betting is paying to play a game where you don't know if you will win more money or lose your money.

To know that a career route is the path you take to have a particular career and the qualifications and experience you have to gain along the way.

Economic Wellbeing
linking with Democracy,
The rule of law, Individual
liberty, Mutual respect
and Tolerance of those
with different faiths and
beliefs.

Prior learning	Future learning	Links to Rights Respecting schools
<p style="text-align: center;">Year 5</p> <p>Families and Relationships Developing an understanding of families, including marriage and what to do if someone feels unsafe in their family; learning that dealing issues can strengthen a friendship; exploring the impact of bullying and what influences a bully's behaviour; learning to appreciate our individual positive attributes.</p> <p>Health and Wellbeing Learning to take greater responsibility for sleep, sun safety, healthy eating and managing feelings; setting goals and embracing failure; understanding the importance of rest and relaxation.</p> <p>Safety and the Changing Body Exploring the emotional and physical changes of puberty, including menstruation; learning about online safety, influence, strategies to overcome potential dangers and how to administer first aid to someone who is bleeding.</p> <p>Citizenship An introduction to the justice system; how parliament works; and the role of pressure groups; learning about rights and responsibilities, the impact of energy on the planet and contributing to the community</p>	<p style="text-align: center;">KS3 Year 7</p> <p>Social and Emotional Development</p> <ul style="list-style-type: none"> • Friendships: Learning to make friends, the value of caring friendships and how to navigate and end relationships. • Emotional Intelligence: Building self-esteem, managing stress and anxiety and developing emotional awareness. • Respect: Fostering respect for self and others, including an understanding of different beliefs and the diversity of the modern world. • Conflict Resolution: Developing skills to resolve conflicts peacefully, including dealing with bullying and cyberbullying. <p>Health and Relationships</p> <ul style="list-style-type: none"> • Physical changes: Understanding puberty, sexual development and the importance of health and hygiene. • Healthy Relationships: Recognising the difference between healthy and unhealthy relationships and setting healthy boundaries. • Online Safety: Learning to manage risks in online relationships and recognising exploitation or grooming. <p>Safety and Responsibility</p>	<p>Families and Relationships Article 3 (Best Interests of the Child), Article 5 (Family Guidance as Children Develop), Article 9 (Keeping Families Together), Article 10 (Contact with Parents Across Countries), Article 18 (Responsibility of Parents) and Article 30 (Minority Culture, Language and Religion).</p> <p>Health and Wellbeing Article 3 (Best Interests of the Child), Article 24 (Health, Water, Food and Environment), Article 31 (Rest, Play, Culture and Arts). Article 17 (Access to Information).</p> <p>Safety and the Changing Body Article 17 (Access to Information), Article 24 (Health, Water, Food and Environment), Article 33 (Protection from Harmful Drugs), Article 34 (Protection from Sexual Abuse).</p> <p>Citizenship Article 24 (Health, Water, Food and Environment), Article 42 (Everyone Must Know Children's Rights), Article 15 (Setting Up or Joining Local Groups). Article 30 (Minority Culture, Language and Religion), Article 40 (Children Who Break the Law), Article 41 (Best Law for Children Applies).</p> <p>Economic Wellbeing Article 17 (Access to Information), Article 26 (Social and Economic Help), Article 23 (Children with Disabilities).</p>

Economic Wellbeing

Learn to manage money, understand borrowing, be cautious online, challenge workplace stereotypes, and align interests with future careers.

- **Choices and Consequences:** Learning to make safe and informed choices and understanding the legal consequences of actions, including substance misuse.
- **Citizenship:** An introduction to the government and the concept of active citizenship.